

**Effect**

Various tasks mean that everyday challenges can be practiced; stamina and agility are promoted. Safety in daily life is thereby improved and mobility increased.

**Purpose**

Everyday life can contain various hazards. Climbing stairs, descending stairs, stepping over obstacles, racing from one place to another. For a child a step can be an obstacle which is almost impossible to overcome. For older people an uneven path can pose a dangerous challenge.



Those who are prepared for these hazards can master everyday life with happiness and safety. Specifically designed exercises promote mobility and make independent living easier.

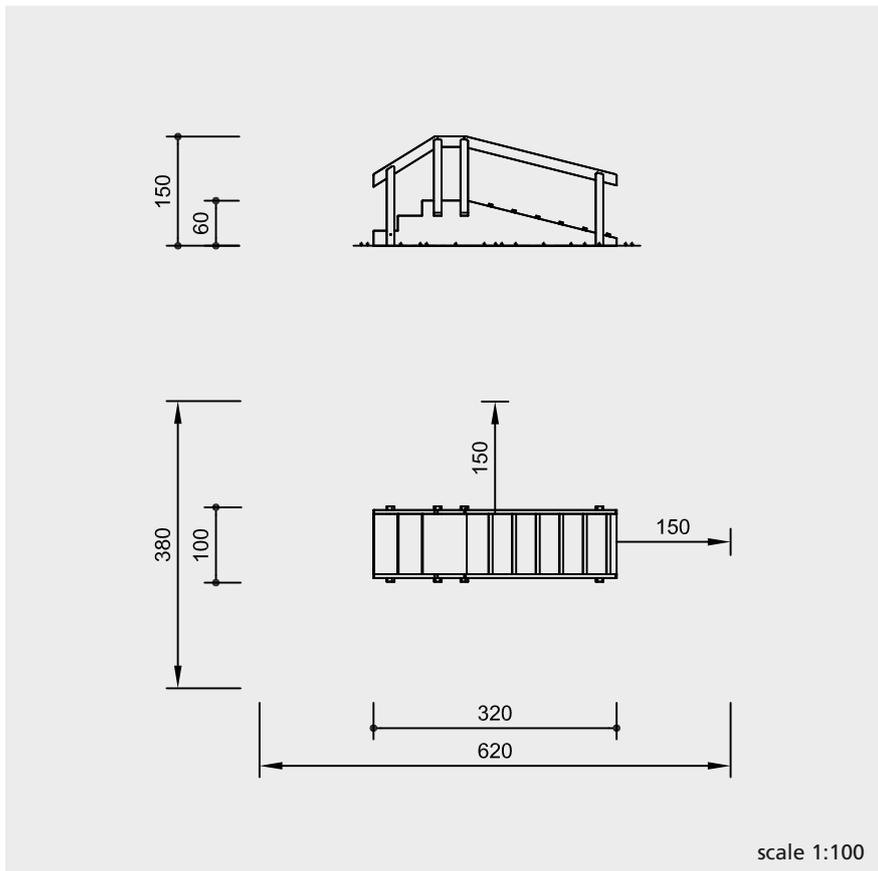
**Function**

The stations, based on real-life situations, invite you to try them out and exercise. Alongside agility, stamina is also trained in this circuit course. The path is set up so that not all the obstacles need to be overcome and so that an accompanying person can give best possible help. Handrails on both sides at every station additionally ensure the highest safety.

**Life Path**  
Steps/Ramp



11.50401



**Technical information**

**Core-free timber**

sawn-timbers of mountain larch, selected according to eight quality criteria, core-free thus decreasing the occurrence of cracking



**anchoring to the ground**

all parts used for anchoring to the ground made of hot-dip galvanised steel



**Dimensions**

(small deviations possible)

height	1.50 m
length	3.20 m
width	1.00 m
weight	200 kg

**Safety**

This equipment is not playground equipment within the scope of EN 1176 and therefore is also not subject to the requirements of this standard. Nevertheless, it is complied with where appropriate.

For more detailed explanation of the quality characteristics see price list.

**Components**

- 1 piece of equipment
- 4 steel feet

**Installation information**

Surfacing corresponding to a fall height of  $\leq 0.60$  m recommended: wood chips, granular material or the like

Foundations  
4 items 40 x 40 x 35 cm  
excavation depth 55 cm

**Attention!**  
**Exact measurements may vary, for all installation dimensions refer to current installation instructions.**  
Subject to technical changes!

